

- *Would you like to explore a career in a health-related field?*
- *Are you interested in raising community awareness of health issues such as breast cancer, personal safety, and good nutrition at our Meadowlands 5K Run/Walk and Health Fair on October 22?*
- *Do you want to make healthy choices part of your own lifestyle?*

## **BECOME A GIRL SCOUT HEALTH AMBASSADOR!**

All girls ages 13-17 are invited to participate in this unique opportunity to join our Health Ambassadors team and create a **health awareness display** for GSCBC's major event, the **Meadowlands 5K Run/Walk and Health Fair** that will be held this year on Sunday, October 22 at the Meadowlands Environment Center in Lyndhurst.

This year's Health Fair will cover a broad variety of topics including breast cancer awareness, heart health, fitness, skin care, personal safety, and nutrition. Join early and select the topic that most interests you!

A Health Fair planning meeting will take place in September. Please call Denise at GSCBC at 201-967-8100 ext. 237 if you have questions or want to attend the Health Fair meeting. If you are unable to attend our first meeting, you are still welcome to participate.